

Commissioning Plan Older People 2010 – 2013

This commissioning plan is based on the intentions and aims within the following documents:

- Long Term Commissioning Strategy for Older People 2006-10, including a refresh in November 2010
- More for York Blueprint for Adult Social Care – agreed December 2009
- Joint Vision for the health and wellbeing of older people – agreed July 2010

Objectives:

To ensure best value for money, and best use of resources to support a growing number of older people.

To invest in services that reduce the need for and funding for residential and hospital based care and increase independence

To increase the capacity for EMI residential and nursing care and high dependency residential care within the city, and reduce the number of 'standard' care beds provided by the Council

To reinvest some of the savings achieved through these programmes in community based care and support

To increase the housing based choices for older people, and develop our care and support models to enable more people to be supported at home

To offer more support to carers to enable them to continue their caring role

Summary of actions from Long Term Commissioning Strategy Refresh

We are committing to:

- Develop proposals to allow us to increase the reablement capacity and deliver better outcomes for customers. This should help us manage the increasing demand for long term home care services
- Embed telecare and carers support in our reablement model
- Work with the PCT to integrate our remodelled reablement service with the health intermediate care services, improve the links between telecare and telehealth services reducing unnecessary hospital admissions and length of stays, and the numbers moving straight from hospital to long term residential care.
- Review our in house care services and produce recommendations to improve cost effectiveness

- Develop more flexible housing based support services which will allow older people to access the support available to those in sheltered and extra care schemes without having to move
- Bring forward proposals for the best use of the resources invested in our nine council homes to provide increased capacity for residential and nursing care for those with dementia and high dependency care needs, and increase housing choice for older people in the city
- Secure suitable partners to help us deliver the extra housing and care facilities which are high quality, fit for the future and cost effective
- Invest some of the savings produced through our efficiency programmes to ensure that community based support is expanded to meet the growing numbers who remain independent at home
- Increase the support available to carers
- Work with the voluntary sector to retain sustainability of their services by ensuring those we commission are delivering outcomes that support our strategic aims

Action Plan

Service area	Year	Objective	Actions	Funding	Who
Prevention and early intervention services	2010 -11	Sustainability of services that help support health wellbeing and independence.	Review services funded by Social Care Reform Grant and plan for sustainability or exit strategy	Funding in place for 2010/11. Potential investment needed £50 – 70k for 2011 –12 onwards - to be considered in 2011/12 budget plan	Commissioning and Contracts team
		Expand voluntary and community services to support more people	Continue to support CVS with development of collaborative working	£5k Social Care Reform Grant	
	2011-12	Sustainability of services that help support health wellbeing and independence.	Work in partnership with health commissioners	Health funding to be reviewed by PCT.	Adult Commissioning Group
		Commissioned services deliver	Deliver plans for sustainability of services previously funded by Social Care Reform Grant	As agreed in 2011-12 budget plan	CYC Commissioning and Contracts (C&C)Team
			Review contracts due to expire March	Current contracts approx value £500k	

		value for money and are strategically relevant	2012 re strategic relevance, value for money and delivery of outcomes Recommission or remodel services Learn from Joseph Rowntree project on loneliness	Within existing resources	CYC C&CTeam Corporate Strategy Manager And Neighbourhood Unit
	2012-13	Sustainability of services that help support health wellbeing and independence. Commissioned services deliver value for money and are strategically relevant	Monitor new contracts	Within agreed resources	C&C Team
Housing related support	2010-11	Develop more flexible housing based support services	Remodel schemes with no communal facilities to 'floating support'	£18.5k saving to SP Programme from 2011–12 , rising to £28.5k saving 2014-	Supporting People Team

			<p>Decommission or reduce funding to schemes judged poor value for money</p> <p>Develop plans to introduce 'tiered' service options for Warden Call community alarm service</p> <p>Develop plans to remodel Home Support floating support service and consider tendering new specification</p> <p>Pilot 'hub and spoke' support to sheltered schemes</p>	<p>15</p> <p>Total SP funding for elderly support services £1. 28m pa</p>	
	2011-12	Develop more flexible housing based support services	<p>Consolidate community alarm schemes</p> <p>Consolidate floating</p>	<p>To be confirmed. Some savings will be used to increase floating support services</p>	Supporting People Team

			<p>support services</p> <p>Ensure all sheltered schemes provide support hours per person per week in line with regional average</p> <p>Review hub and spoke model and consult on wider use if successful</p> <p>Develop role of Housing Options Team</p>	<p>Within existing resources</p>	<p>Housing Services</p>
	2012-13	<p>Develop more flexible housing based support services</p> <p>Increase housing choice for self funders</p>	<p>Potential roll out of hub and spoke support model</p> <p>Identify opportunities for new developments</p>	<p>To be confirmed</p> <p>Independent sector investment and home owners</p>	<p>Supporting People Team</p> <p>Commissioning and Contracts and Housing</p>
Domiciliary and community care and support	2010 -11	<p>Ensure that community based support is expanded to meet the growing numbers who remain</p>	<p>Monitoring new home care contracts to ensure quality and delivery</p>	<p>Within agreed budgets</p> <p>Current external home care budgets</p>	<p>C&C Team</p>

		independent at home	Continue to increase use of telecare as part of care packages	£3m Within agreed budgets	Telecare service and care management
			Review day care provision within council care homes	Within agreed residential care budgets	C&C Team
			Model additional capacity and new services needed to support those who currently use 'standard' residential care	To include in investment plans for Accommodation Review paper next year	More For York C&C team
		Increase the support available to carers	Review Flexible Carers scheme to be more outcome based.	Current budget £140.4k pa	Carers Strategy Manager and Putting People First Team
	2011-12	Ensure that community based support is expanded to meet the growing numbers who remain independent at home.	Develop proposals to deliver in house home care more cost effectively for June 2011. Implementation of	Savings and reinvestment options to be included in proposals. Current budget	More for York C&C Team

		Increase the support available to carers	<p>agreed proposals</p> <p>Increase capacity and range of services as planned last year</p> <p>Review respite and short breaks services</p>	<p>£1.6m</p> <p>Based on agreed investment from home care and residential care savings</p> <p>Within agreed budgets £166k contributed to care packages/respite budget £82k short breaks</p>	<p>C&C Team</p> <p>Carers Strategy Manager and C&C team</p>
	2012 -13	<p>Ensure that community based support is expanded to meet the growing numbers who remain independent at home.</p> <p>Increase the support available to carers</p>	Continuation of implementation of agreed investment plans		
Intermediate Care	2010-11	Increase the reablement capacity deliver better	December - Reablement team proposal to	Funding within current budget levels	More for York and Anne Bygrave

		<p>outcomes for customers and manage the increasing demand for long term home care services</p> <p>Integrate reablement service with the health intermediate care services, and reduce unnecessary hospital admissions and length of stays</p>	<p>Members January – June implementation plan</p> <p>December - Joint intermediate care/reablement model to Adult Joint Commissioning Group</p> <p>December – January - Draft joint investment proposal to PCT</p>	<p>£1.4m</p> <p>Bid for PCT funding from Department of Health</p>	<p>Adult Commissioning Group</p>
	2011-13	Integrate reablement service with the health intermediate care services	Implementation and delivery of new reablement and intermediate tier model	Savings to be released from acute sector care to contribute to efficiencies and for reinvestment	Anne Bygrave and Commissioning and contracts team

Residential care	2010-11	<p>Increase capacity for dementia and high dependency care</p> <p>Reduce the number of 'standard' care placements and replace with appropriate community support</p> <p>Ensure residential care is provided in quality environments, with good quality care, dignity and respect</p>	<p>Review bed use in 9 homes to increase to dementia placements and high dependency placements</p> <p>Complete analysis of options for longer term use of CYC resources</p>	<p>Within current budgets: £7m and delivering More for York savings</p> <p>Within existing resources</p>	<p>Graham Terry</p> <p>Graham Terry More for York</p>
	2011-12	<p>Increase capacity for dementia and high dependency care</p> <p>Reduce the number of 'standard' care placements and replace with appropriate community support</p> <p>Ensure residential</p>	<p>Deliver proposal for residential care for Members approval June 2011</p> <p>Identification of any partners to deliver proposals</p> <p>Stage 1 of Implementation of</p>	<p>Savings and investment plan within proposals</p>	<p>Graham Terry</p> <p>C&C Team</p> <p>To be agreed</p>

		care is provided in quality environments, with good quality care, dignity and respect	agreed proposals		
	2012 - 13	<p>Increase capacity for dementia and high dependency care</p> <p>Reduce the number of 'standard' care placements and replace with appropriate community support</p> <p>Ensure residential care is provided in quality environments, with good quality care, dignity and respect</p>	Continuation of implementation of agreed proposals	To be agreed	To be agreed