

Report of the Assistant Director – Adult Social Care

## **Developing a community approach to mental health and wellbeing**

### **Summary**

1. The report attached at Annex 1 outlines plans to develop and ‘pilot’ a community approach to mental health and wellbeing in the northern sector of the City of York. The pilot is one of the York Mental Health Partnership’s top four priorities, as recently presented to the Health and Wellbeing Board in its Annual Report on 11 September 2019.
2. The report:
  - explains the background to the pilot – why and how it has come about
  - outlines what the pilot is likely to involve and what we hope it will achieve
  - Provides opportunity for Committee members to engage with the pilot.

### **Background**

3. As highlighted above, the York Mental Health Partnership has identified developing a community approach to mental health and wellbeing as one of its top four priorities. Given its importance, it was felt the Policy and Scrutiny Committee would welcome early sight of plans for a pilot in the northern sector of the city, in order that its members could input to these plans as they develop.

### **Consultation**

4. The attached report includes feedback collated from just over half of the 140 stakeholders who attended the York Mental Health Partnership’s ‘Connecting Our City’ Conference in April 2019. The York Mental Health Partnership’s vision (and design principles) for developing a community

approach to mental health and wellbeing, also included in the report, represent a synthesis of the key messages received from a range of stakeholder engagement and feedback in York over 2-3 years.

## **Council Plan**

5. Developing a community approach to mental health and wellbeing is one of the York Mental Health Partnership's top four priorities.

It is also relates directly to priorities highlighted in York's All Age Mental Health Strategy for York 2018-2023:

*"York's long-term ambition (page 4). In the long term we aspire to a whole person, whole life, whole community approach appropriate for York and modelled on that in Trieste, Italy, where there has been 40 years of development towards social inclusion, empowerment and citizenship in mental health."*

And York's Joint Health and Wellbeing Strategy 2017-2022:

*"We want to see people in York enjoying good mental health throughout their lives, with the confidence to promote their own wellbeing, supported by excellent, integrated services should they need it." (page 8)*

## **Implications**

6. The development of a community approach to mental health and wellbeing will have range of implications. The programme of work is just starting and as the plans and scope of the pilot become clearer, these implications will be considered.
  - Financial
  - Human Resources (HR)
  - Equalities
  - Legal
  - Crime and Disorder
  - Information Technology (IT)
  - Property
  - Other

## **Risk Management**

7. As with 6 above.

### **Recommendations**

8. Members are:

- a) Asked to note this report and the work that is underway to develop a plan for how a place-based community approach to mental health and wellbeing might work, initially in the northern sector of the city.
- b) Invited to engage with the development of the pilot as it develops. Members of this Health & Adult Social Care Policy & Scrutiny Committee will be invited to engagement events arranged in the northern sector of the city as and when they happen.

Reason:

To support a co-produced, community led approach to mental health and wellbeing in York.

### **Contact Details**

**Author:**

Michael Melvin  
Assistant Director –  
Adult Social Care  
Tel: 01904 554155

**Chief Officer responsible for the report:**

Sharon Houlden  
Corporate Director – Health, Housing and Adult  
Social Care  
Tel: 01904 553251

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**Specialist Implications Officer(s)**

Not applicable

**Wards Affected:**

A community approach to mental health and wellbeing will ultimately need to be adopted city-wide but, initially, the plan is to ‘pilot’ the development of our thinking and approach in the northern sector of the city. This will include the following wards:

- Clifton

- Guildhall
- Haxby & Wigginton
- Heworth
- Heworth Without
- Huntington & New Earswick
- Rawcliffe & Clifton Without
- Strensall

**For further information please contact the author of the report.**

### **Background Papers:**

- Annual Report 2018/19 of the York Mental Health Partnership, taken to Health & Wellbeing Board on 11 September 2019.
- Conference Report – ‘Connecting Our City’ Conference – 8 April 2019, held at York St John University.

### **Annexes**

- Annex 1 – Developing a community approach to mental health and wellbeing.
- Annex 2 - Design Principles- Developing a community approach to mental health and wellbeing
- Annex 3 - The Community Mental Health Framework for Adults and Older Adults (*NHS England and National Collaborating Centre for Mental Health*)

### **Abbreviations**

NHS- National Health Service

TWEV- Tees Esk Wear Valleys