The Role of Community Pharmacy in Health & Wellbeing

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Presentation Overview

• Who are Community Pharmacy North Yorkshire?
• Pharmacy Stats
• Use of Community Pharmacies (CPs)
• CYC Pharmacy Services
• Healthy Living Pharmacies
• Delivering York’s HWB Strategy and CPs
• Case Study
• Questions
Who Are Community Pharmacy North Yorkshire?

- Community Pharmacy North Yorkshire represents all NHS pharmacy contractors in North Yorkshire and York
- Formerly known as the Local Pharmaceutical Committee (LPC)
- Rebranded in September 2014
- Works with 5 CCGs, NHS England (Yorkshire & Humber) and Public Health NYCC and CYC
Pharmacy Stats

• There are over 11,500 pharmacies in England situated in high-street locations, supermarkets and residential neighbourhoods

• 153 CPs in North Yorkshire and York (44 in York CYC)

Many pharmacies are 100-hour pharmacies: Open 7 Days a Week
Use of Community Pharmacies

• An estimated 1.6 million visits take place daily, of which 1.2 million are for health-related reasons
• Women, those aged over 35 and those with a long term health condition or disability are frequent users
• 84% of adults visit a pharmacy at least once a year, 78% of which are for health-related reasons
• Adults in England visit on average 14 times a year
• Around 1 in 10 adults get health advice
• Majority (>75%) use the same pharmacy all the time
• Those with LTCs, disabilities or living in rural areas are more likely to visit the same pharmacy
Community pharmacies contributed a net value of £3 billion to the NHS, public sector, patients and wider society in England in 2015 through just 12 services, over and above dispensing medicines, according to a recent study by PwC.

Breaking the combined contribution down into the areas which are benefiting, it was found that:

- The NHS received a net value of £1,352 million, including cash savings as a result of cost efficiencies, and avoided NHS treatment costs;
- Other public sector bodies (e.g. local authorities) and wider society together received over £1 billion through increased output, avoided deaths and reduced pressure on other services such as social care and justice; and
- Patients received around £600 million, mainly in the form of reduced travel time to alternative NHS settings.
Community pharmacy is the closest point of primary care to the public and is under used.

CYC Pharmacy Needs Assessment (April 2015) stated: “...analysis showed that 100% of the York population live within a 10 minute drive of a community pharmacy.”
CYC Pharmacy Services

- Substance Misuse - Supervised consumption/needle exchange
- Nicotine Replacement Therapy (NRT) for Pregnant Women
- Flu Vaccination – 11,295 (Increase of 62.4% on Last Year)

Many Pharmacies are 100-hour pharmacies: Open 7 Days a Week
Healthy Living Pharmacies

• All Pharmacies as part of the national quality payments scheme will undertake training to achieve HLP level 1 by 30\textsuperscript{th} November 2017

• Criteria
  – Public Health Needs
  – Health and Wellbeing Ethos
  – Team Leadership
  – Health Champion
  – Communication

Annex A
CPs Can Help Deliver Your Strategy

- **Mental Health and Wellbeing**
  - Sign posting
  - Staff all trained “Dementia Friends”

- **Starting and Growing Well**
  - Sign posting
  - Mother and Children “Healthy Start Vitamins”

- **Living and Working Well**
  - Monitoring and Identification
    - Weight Management Service
    - Smoking Cessation Service
    - MOT Health Checks
    - Diabetes
    - Blood Pressure
    - Lung Function
    - Cardiovascular Assessment
    - Urine Analysis

- **Ageing Well**
  - Monitoring Service
    - Diabetes
    - COPD
    - Cardiovascular
    - Blood
    - Fall Prevention
Case Studies and Your Strategy
In the last week in Copmanthorpe Pharmacy we’ve;

• Rescued Sylvia,
• Sorted Dorothy with help from her neighbour
• Reorganised Ann’s medication
• Checked Geoff’s BP
• Encouraged Jack to attend “men’s breakfast”
• Advised Jessica on contraception and safe sex
• Along with making 37 FOC deliveries, dispensing 1846 prescription items, preparing 37 trays of medication, providing 12 MURs because we are a Community Pharmacy, and that’s what our community needed us to do.
Questions